

Consent Form

About the Student Counseling Services

The Student Counseling Services at WSU Tri-Cities offer counseling provided by Aphrodite Beidler, licensed mental health counselor in the state of Washington. She has a Masters in Counseling and a Masters in Educational Psychology, and has experience working with diverse people with a wide range of concerns about life. Aphrodite practices from an existential-humanistic therapeutic stance. She works with clients individually to set goals, and to determine duration, and method of treatment. She helps clients utilize their own internal resources, and restore emotional balance, and health.

Confidentiality

Counseling is private and confidential. Any contact with, or information shared with the Student Counseling Services at WSU Tri-Cities will not be exchanged with anyone else without your written permission as stated in RCW 70.02.020. However, there are exceptions according to Washington State Law:

- If you are in danger of injuring yourself or someone else, we will contact emergency personnel, family, or others as necessary.
- If a child has suffered abuse, exploitation, or neglect; or is in imminent danger of suffering abuse, we will report the incident to the appropriate agency.
- Also, we keep records of the services provided to you as required by law (RCW 70.02.120). If record information is subpoenaed by a court of law, or WSU judicial committee, we may have to reveal some or all of that information.

What to expect from your counseling session

- Every counseling session typically lasts 40-50 minutes.
- Intake: Your first session is called an Intake and it will primarily focus on the presenting symptoms, as well as your social and family history and history of the problem.
- Scheduling: At the end of the first session you and your counselor will schedule future weekly sessions presenting on the problem. It is common to meet once a week for about 4-6 weeks and re-evaluate your needs at the end of that time.
- Canceling/Rescheduling: If you need to cancel an appointment, please let Aphrodite know as far in advance as possible by calling the counseling office at 509-372-7153 or at abeidler@tricity.wsu.edu.
- Evaluation: You may be asked to fill out a short questionnaire regarding your counseling experience to ensure that the Student Counseling Service is meeting your needs and is fulfilling its goals and expectations. Please discuss any questions or issues you may have about the counseling process with Aphrodite during your visit.

To indicate your understanding and agreement to these conditions, please print and sign your name in the spaces below. A copy of this consent is available to you at your request.

Printed Name _____ WSU Tri-Cities ID# _____

Signature _____ Date _____