

# TRiO S<sup>3</sup>

## Student Support Services

2710 Crimson Way Richland, WA 99354  
Fall 2015 Volume 4, Issue 1



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### TRiO Student Support Services

#### Contact Information

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### IMPORTANT DATES:

**December 11<sup>th</sup>** - Workshop on How To Write For Scholarships. E 205 11am-12pm

**January 11<sup>th</sup>** – Spring semester starts

**January 31<sup>st</sup>** – WSU Scholarship application is **due**.

**February 15<sup>th</sup>** – FAFSA **deadline!!!!**

**February 25<sup>th</sup>** – National TRiO Day Event – looking for TRiO students to share their TRiO stories with the campus community.

Develop - Empower - Achieve

## Congratulations!

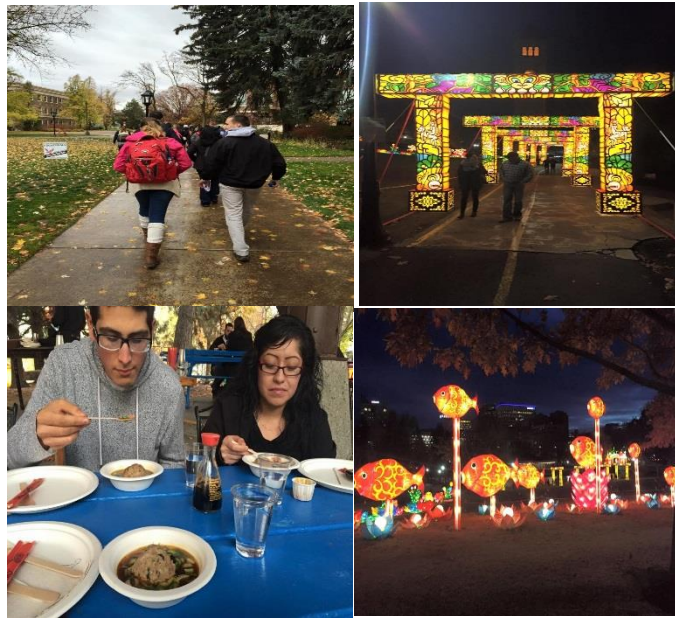
### DECEMBER GRADUATES -

Tiffany Ashbaker – Nursing  
Ruben Bojorquez – Business Administration  
Maria Chavez – Nursing  
Briseida Chavez – Social Sciences  
Ayla Espinoza – Civil Engineering  
Yuliya Farris – Environmental Science  
Leticia Guzman – Nursing  
Kristen Hunt – Environmental Science  
Tala Mohajer Soleymani – Nursing  
Joseph Sperry – Viticulture and Enology  
Steven Romero – Business Administration  
Thomas Spotteck – Viticulture and Enology  
Rosalinda Torres – Education  
Josefina Velasquez – Nursing

### STUDENT ACCESS SCHOLARSHIP WINNER



Jesus Madrigal received \$500.00 scholarship.



## Fall Graduate School and Cultural Enrichment Trips

Our first trip was Oct. 12<sup>th</sup> to Walla Walla University where six students got to sit in on a graduate class led by first semester grad students and meet with Faculty from the Master's in Social Work and Psychology departments. The students also took a tour of the campus and met with the financial aid office to find out more about financial planning for graduate school.

Oct. 30<sup>th</sup> four students went to the Eastern Washington University, Cheney and Spokane campuses to meet with faculty from the Masters in Social Work, Public Administration, Public Health Administration, and Urban Planning and Development Departments. They also received a tour of both campuses, met with the McNair Scholars office where they learned about the importance of applying to grad school, finding alternative funding sources and preparing for the rigors of graduate studies.

This time was followed by a cultural enrichment trip to downtown Spokane for the Chinese Lantern Festival. Here the students ate traditional food from the Shanghai region of China which included Spring Rolls, Lions Head Meat Balls, Beggar's Chicken and Peanut and Cream Pancakes. After dinner they walked through the massive lanterns and watched performances on Face-Changing, Kung Fu Tea, Acrobatics, Hulusi Music & Tai Chi and Chinese Dance.

## Emotional Intelligence Workshops

This fall TRiO partnered with Mental Health counselor Aphrodite Beidler to put on a series of workshops on EQ. Each, three part series ended with a meditation workshop led by Chris Murray of Insight Meditation. These workshops were FREE to students and helped TRiO students to earn priority registration for the semester. Look for new workshops in spring semester.....what kind? It's a New Year's secret.....

