



# Interpersonal Communication - Social Skills for Success



WASHINGTON STATE  
UNIVERSITY

## March

Visit your home page starting  
March 19th:

**TOLL-FREE:**  
877-313-4455

**WEBSITE:**  
[bit.ly/eapweb](http://bit.ly/eapweb)

**ORG CODE (to log on):**  
WSU

**WHATEVER YOU NEED,  
WE ARE HERE TO HELP.**  
*Just call or log on to get started.*

### ONLINE SEMINAR

To be successful at home and at work, it's essential to be able to interact with others in an appropriate and effective manner. However, because most of us now rely on emailing and texting instead of talking face-to-face, our chance to interact every day and naturally develop our interpersonal skills has diminished over time.

**This session will explore verbal and non-verbal communication and help participants understand how their behavior may be interpreted by others, helping to grow positive and effective working relationships.**

Your Employee Assistance Program can help you with communication and social skills for the workplace and in the home. Online or in person, on weekdays or weekends, we're here for you.